

# Sexual Health

**Sexually Transmitted Infections** - The questions you always wanted to ask, but never did....



**1. Can you catch STI's from a toilet seat?**

NO, this is just a myth – on average your toilet seat is probably cleaner than your

kitchen surface.



**2. Can you catch HIV from kissing?**

Kissing is pretty safe. While saliva might contain HIV, it's there in such small quantities that you can't possibly get infected from spit. To pick up the virus through deep kissing, blood needs to be involved, like bleeding gums or sores in the mouth. So deep kissing has a low risk of transmitting HIV. ([www.youthcomm.org](http://www.youthcomm.org))

**3. Can you be born with HIV?**

YES, if your mother has HIV you can contract it during birth.

**4. Can you tell if you have a Sexually Transmitted Infection?**

NO, not all STI's are obvious. Some are very hard to detect and can be mistaken for other illnesses and some have no symptoms at all.

**5. Are men more likely to know if they have an STI rather than women?**

YES, it is harder for women to

discover they have an STI, however

ANYONE can have an STI, you won't always be able to tell by looking.



**6. If you sleep around you are more likely to catch an STI?**

NO, you can catch STI's from having unprotected sex with just one partner.

**7. Can you catch HIV through cuts?**

YES, if you have a cut and if someone with HIV cuts themselves and their blood enter your cut, you can contract HIV.

**6. Can you catch an STI when using a condom?**

Condoms protect you from STI's transmitted via bodily fluids but may not protect you from STI's transmitted from skin contact, such as genital warts



**9. Is HIV a gay infection?**

NO, this is a myth. You are just as likely to catch HIV if you are having unprotected heterosexual

**10. Can you get pregnant if he pulls out before he comes?**

YES, if you are having unprotected sex there is always a possibility that you can get pregnant.