

# Homemade Beauty



Buying new beauty products can be a pain, because you can't always tell what all of the ingredients are. So why not try and make your own. It's quite easy and a lot of fun. Why not have a homemade beauty party with your friends?

## Cranberry Lip Balm

Adult help may be required.

### Ingredients

- 10 fresh cranberries
- 1 tbsp sweet almond oil
- 1 tsp honey
- 1 drop of Vitamin E oil
- The sweet almond oil and vitamin E oil can both be found at Holland and Barretts.

### Directions

• Mix all the ingredients together in a microwave-safe bowl.

• Microwave for a couple of minutes or until the mixture just begins to boil. (Bowl may also be heated in a pan of water on a stove).

• Stir well and gently crush the berries. Cool mixture for five minutes and then strain through a fine sieve to remove all the fruit pieces. Stir again and set aside to cool completely.

• When cool, transfer into a small portable plastic container or tin.

• Recipe taken from [www.mybeautyrecipes.com](http://www.mybeautyrecipes.com), where there are lots more recipes waiting to be discovered.

